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## **CURRICULUM VITAE**

New York State License #006545

### **Education**

*Certificate in Psychoanalysis and Psychotherapy, Westchester Center for the Study of  
Psychoanalysis and Psychotherapy, White Plains, NY, 1988*

*Ph.D. in Clinical Psychology, Graduate Faculty, New School for Social Research,  
1980*

*B.A. Yale University, 1972*

### **Present Positions**

*Clinical Professor of Psychology in Psychiatry, Weill – Cornell Medical College.*

*Faculty, Westchester Center for the Study of Psychoanalysis and Psychotherapy.*

*Faculty, William Alanson White Institute, Child and Adolescent Psychotherapy  
Training Program.*

*Adjunct Supervisor, Ferkauf Graduate School of Psychology, Yeshiva University.*

*Adjunct Clinical Associate, Pace University, Thomas J. McShane Center for  
Psychological Services.*

*Private Practice, 280 North Central Park Avenue, Hartsdale, NY.*

## Publications

- Barish, K. (2016). *We Are Always Essential*. In S. Tuber (Ed.). *Parenting: Contemporary Clinical Perspectives*. Lanham, MD: Rowman and Littlefield.
- Barish, K. (2012). *Pride and Joy: A Guide to Understanding Your Child's Emotions and Solving Family Problems*. New York: Oxford University Press.
- Emotion: An Integrative Framework for Child Psychotherapy*. Guest Commentary, Brown University Child and Adolescent Behavior Letter (December, 2009).
- Barish, K. (2009). *Emotions in Child Psychotherapy: An Integrative Framework*. New York: Oxford University Press.
- Barish, K. (2006). *On the Role of Reparative Processes in Childhood: Pathological Development and Therapeutic Change*. *Journal of Infant, Child and Adolescent Therapy*, 5(1): 92-110.
- Barish, K. (2004). *What is Therapeutic in Child Therapy? I. Therapeutic Engagement*. *Psychoanalytic Psychology*, Vol. 21, No. 3, 385-401.
- Barish, K. (2004). *The Child Therapist's Generative Use of Self*. *Journal of Infant, Child and Adolescent Psychotherapy*, 3(2): 270-282.

## Awards

### *Pride and Joy*

2013 International Book Award (Parenting and Family)

2013 Eric Hoffer Book Award (Home Category)

Mom's Choice Awards (Gold)

National Parenting Publications Awards (Silver)

Finalist, 2013 *ForeWord* Reviews Book of the Year Award (Family and Relationships)

6/09 Teacher of the Year. Presented by the Postdoctoral Fellows of New York-Presbyterian Hospital, Payne-Whitney Westchester.

## **Recent Professional Presentations**

September 19, 2017. *Managing Stress and Nurturing Joy*. Healthy Families  
Training Institute, Albany, NY

September 19, 2017. *How To Solve Common Family Problems*. Healthy Families  
Training Institute, Albany, NY

May 16, 2017. *Curious Parenting for Your Curious Child: How to Nurture Intellectual  
and Social Development in Young Children*  
Curious-on-Hudson  
Dobbs Ferry, NY

May 11, 2017. *How to Strengthen Students' Motivation and Commitment to Learning*  
Cardinal Hayes High School  
Bronx, NY

May 4, 2017. *How To Nurture Cooperative and Caring Behavior in Young Children*  
Young Child Expo  
NY, NY

April 26, 2017. *Why Behaviorists Are Right (And Why I Am Not a Behaviorist)*  
Frieda Fromm-Reichmann Graduate Society  
William Alanson White Institute  
NY, NY

March 13, 2017. *Helping Children Solve Common Problems*  
ADAPP, Bronx, NY

November 8, 2016. *How To Solve Common Family Problems*  
Mt. Kisco Elementary School  
Mt. Kisco, NY

June 18, 2016. *What Is Empathy and How Does It Help?*  
Society for the Exploration of Psychotherapy Integration  
Dublin, Ireland

June 17, 2016. *What Is Therapeutic In Child Therapy?*  
Society for the Exploration of Psychotherapy Integration  
Dublin, Ireland

June 10, 2016. *Parenting Through The Lifespan*  
Westchester Center for the Study of Psychoanalysis and Psychotherapy

May 31, 2016. *Psychoanalytic Theory: A Roundtable Discussion*  
Westchester Center for the Study of Psychoanalysis and Psychotherapy

April 15, 2016. *Solving Common Family Problems*  
Young Child Expo, NYC

December 1, 2015  
*Understanding Children's Emotions and Solving Family Problems*  
National Head Start Association  
Parent and Family Engagement Conference

November 22, 2015. *Understanding Children's Emotions and Solving Family Problems: A Guide for Therapists*  
Nefesh International

November 10, 2015. *Solving Common Family Problems: 5 Essential Steps*  
Mt. Kisco Elementary School, Mt. Kisco, NY

August 19, 2015. *Developing Resilience in Children and Adolescents*  
Boys and Girls Clubs of New Rochelle, NY

June 21, 2015. *The Art of Child Psychotherapy.*  
Paper presented at Society for the Exploration of Psychotherapy Integration  
Baltimore, MD

June 19, 2015. *Helping Parents Help Their Children.*  
Workshop presented at Society for the Exploration of Psychotherapy Integration  
Baltimore, MD

March 20, 2015. *Trauma and Resilience: A Parenting Perspective.*  
Workshop presented at Archdiocese of New York Drug Abuse Prevention  
Program, New York, NY

March 12, 2015. *How to Have Better Conversations With Your Children.*  
Workshop presented at World Class Learning Academy  
New York, NY

March 7, 2015. *Helping Parents Help Their Children.*  
Workshop presented at Annual Retreat  
Westchester Center for the Study of Psychoanalysis and Psychotherapy, Fairfield,  
CT

February 26, 2015. *Solving Common Family Problems*.  
Workshop presented at British School of Chicago  
Chicago, Ill.

November 13, 2014. *Solving Common Family Problems*.  
Workshop presented at World Class Learning Academy  
NY, NY

Oct. 17, 2014. *Understanding Children's Emotions and Solving Family Problems*.  
Workshop presented at Mid-Fairfield Child Guidance Center, Norwalk, CT.

Oct. 16, 2014. *Solving Common Family Problems*. Colloquium presented at William  
Alanson White Institute, NY, NY

April 11, 2014. *Bad Feelings: An Integrative Framework for Understanding  
Pathological Development in Childhood and Adolescence* . Paper presented at  
Society for the Exploration of Psychotherapy Integration, Montreal, Canada

January 26, 2014. *Psychoanalysis and Child Therapy: A Conversation*. Westchester  
Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY

November 16, 2013. *Helping Parents Help Their Children*. Workshop presented  
at National Association of Social Workers - Westchester Mentorship Program,  
White Plains, NY

October 30, 2013. *Helping Parents Help Their Children*. Workshop presented at  
Annual Conference, Interdisciplinary Council on Developmental and Learning,  
Montclair, NJ

October 2, 2013 . Webinar: *Solving Common Family Problems: 5 Essential Steps*.  
Interdisciplinary Council on Developmental and Learning.

July 10, 2013. Webinar: *Understanding Children's Emotions and Solving Family  
Problems*. Interdisciplinary Council on Developmental and Learning.

June 7, 2013 . *Understanding Children's Emotions and Solving Family Problems: A  
Framework for Therapists, Part II*. Workshop presented at South Coast Educational  
Collaborative, Providence, RI

April 26, 2013. *Understanding Children's Emotions and Solving Family Problems:  
A Framework for Therapists*. Workshop presented at South Coast Educational  
Collaborative, Providence, RI

April 6, 2013. Keynote Address: *Pride and Joy*. Afternoon Workshop: *Pride  
and Joy in the Classroom*. Parenting Matters 2013 , Providence, RI

## **Interviews**

August 17, 2015. CNN News Hour with Ana Cabrera

October 6, 2014. The Matt Townsend Show, BYU Radio

September 3, 2014. *How to Motivate Children for Success in School*, FIOS1 News:  
Raising Our Kids

August 9, 2014. *Should Kids Get a Trophy for Showing Up?* National Public Radio,  
Weekend Edition

August 6, 2014. *When Kids Start Playing to Win*. National Public Radio, Morning  
Edition.

February 27, 2013. *Pride and Joy: A Guide to Understanding Your Child's Emotions  
and Solving Family Problems*. Interview by Michael Dresser, The Michael Dresser  
Show.

Dec. 7, 2012 *Pride and Joy: A Guide to Understanding Your Child's Emotions and  
Solving Family Problems*  
Interview by Steven Walfish, The Practice Institute

July 2, 2012 *How to Build a Culture of Empathy in the Family*.  
Interview by Edwin Rutsch, Center for Building a Culture of Empathy

Feb. 29, 2012 *Pride and Joy: A Guide to Understanding Your Child's Emotions and  
Solving Family Problems*  
Interview by Judith Regan, The Judith Regan Show

## **Affiliations**

*Member, American Psychological Association*

*Member, Westchester County Psychological Association*