

KENNETH BARISH, Ph.D.
280 No. Central Avenue
Hartsdale, New York 10530
914-949-0339

Email: Kbarish280@aol.com

Fax #: 914-949-5401

CURRICULUM VITAE

New York State License #006545

Education

Certificate in Psychoanalysis and Psychotherapy, Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY, 1988

Ph.D. in Clinical Psychology, Graduate Faculty, New School for Social Research, 1980

B.A. Yale University, 1972

Present Positions

Clinical Associate Professor of Psychology in Psychiatry, Weill Medical College, Cornell University.

Faculty, Westchester Center for the Study of Psychoanalysis and Psychotherapy.

Faculty, William Alanson White Institute, Child and Adolescent Psychotherapy Training Program.

Adjunct Supervisor, Ferkauf Graduate School of Psychology, Yeshiva University.

Adjunct Clinical Associate, Pace University, Thomas J. McShane Center for Psychological Services.

Private Practice, 280 North Central Park Avenue, Hartsdale, NY.

Publications

Barish, K. (2012). *Pride and Joy: A Guide to Understanding Your Child's Emotions and Solving Family Problems*. New York: Oxford University Press.

Emotion: An Integrative Framework for Child Psychotherapy. Guest Commentary, Brown University Child and Adolescent Behavior Letter (December, 2009).

Barish, K. (2009). *Emotions in Child Psychotherapy: An Integrative Framework*. New York: Oxford University Press.

Barish, K. (2006). *On the Role of Reparative Processes in Childhood: Pathological Development and Therapeutic Change*. Journal of Infant, Child and Adolescent Therapy, 5(1): 92-110.

Barish, K. (2004). *What is Therapeutic in Child Therapy? I. Therapeutic Engagement*. Psychoanalytic Psychology, Vol. 21, No. 3, 385-401.

Barish, K. (2004). *The Child Therapist's Generative Use of Self*. Journal of Infant, Child and Adolescent Psychotherapy, 3(2): 270-282.

Awards

Pride and Joy

2013 International Book Award (Parenting and Family)

2013 Eric Hoffer Book Award (Home Category)

Mom's Choice Awards (Gold)

National Parenting Publications Awards (Silver)

2012 Book of the Year Award, Bronze Prize (Family and Relationships)

6/09 Teacher of the Year. Presented by the Postdoctoral Fellows of New York-Presbyterian Hospital, Payne-Whitney Westchester.

Professional Workshop Presentations and Papers

7/10/2013 Webinar: *Understanding Children's Emotions and Solving Family Problems*. Interdisciplinary Council on Developmental and Learning Disorders

6/7/2013 *Understanding Children's Emotions and Solving Family Problems: A Framework for Therapists, Part II*. South Coast Educational Collaborative, Providence, RI

4/ 26/2013 *Understanding Children's Emotions and Solving Family Problems: A Framework for Therapists*. South Coast Educational Collaborative, Providence, RI

4/25/2013 *Meet the Author: Pride and Joy*. American Psychological Association, Division 39, Annual Spring Meeting

5/2012 - 1/2013 *Helping Parents Help Their Children: A Guide for Therapists*. This Workshop was presented to Family Services of Westchester; Rockland County Chapter of New York State Society of Clinical Social Work; Westchester County Chapter of NYSSCW; and National Association of Social Workers, NY State Chapter, Westchester Division

10/2102 *Understanding Children's Emotions: A Child Therapist's View*. Paper presented at the Annual Conference of the Westchester Center for the Study of Psychoanalysis and Psychotherapy, Tarrytown, NY.

10/2012 *Understanding Children's Emotions: A Guide for School Psychologists*. Colorado Society of School Psychologists, Beaver Creek Colorado.

10/2012 *Solving Common Family Problems: A Guide for School Psychologists*. Colorado Society of School Psychologists, Beaver Creek Colorado.

5/2011 *Helping Parents Help Their Children*. Paper presented at Society for the Exploration of Psychotherapy Integration, Washington, DC.

5/2011 *Emotion: An Integrative Framework for Child Psychotherapy*. Workshop presented at Society for the Exploration of Psychotherapy Integration, Washington, DC.

Spring, 2011 *Helping Parents Help Their Children*. Seminar presented to Faculty, Staff, and Post-doctoral Fellows at New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY.

4/2011 *Humor and Rage in the Psychotherapy of a Young Adult*. Paper presented at the Annual Conference of the Westchester Center for the Study of Psychoanalysis and Psychotherapy.

5/10/2010 *Emotion: An Integrative Framework for Child Psychotherapy*. Workshop presented at Society for the Exploration of Psychotherapy Integration, Florence, Italy.

Spring, 2010 *Working with Difficult Families*. Seminar presented to Faculty, Staff, and Post-doctoral Fellows at New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY.

Fall, 2009, 2010, 2011 *Emotion: An Integrative Framework for Child Psychotherapy*. Seminar presented at Andrus Children's Center, White Plains, NY.

4/2009; 4/2010; 4/2011. Discussant, Film Series, Westchester Center for the Study of Psychoanalysis and Psychotherapy, Rye, NY.

2/10 *Emotion: An Integrative Framework for Child Psychotherapy*. Online seminar presented by PsyBC.

12/09 Invited Discussant, Clinical Case Conference, Department of Psychology, Graduate Faculty, New School for Social Research.

5/ 09, 9/ 09, 10/09, 11/ 09 *Emotion: An Integrative Framework for Child Psychotherapy*.

Colloquium presented at the William Alanson White Institute; the Columbia University, Department of Psychology; and the City University of New York, Department of Psychology.

Spring /09, Winter/07, Fall/05 *Principles of Effective Psychotherapy with Children*. Lecture series presented to the Faculty, Staff, and Trainees of New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY.

11/ 08 Invited Discussant, Grand Rounds, New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY.

1/98 – 10/08 *Therapeutic Engagement with Children and Adolescents*. This workshop was initially presented at the Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY, and subsequently presented to meetings of the William Alanson White Institute; the Rockland County Psychological Association; the Rockland County Association of Clinical

Social Workers; the New Rochelle Child Guidance Center; and the Stamford Child Guidance Center.

3/ 08 Panel Discussion: *The Essential Collaboration between Psychologists in Schools and Private Practice*. Westchester County Psychological Association, White Plains, NY.

1/07 *On the Role of Empathy – and its Limitations – in Child Psychotherapy*. Psychology Ground Rounds, New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY.

9/04 *Reparative Processes in Clinical Work with Children and Families*. Child Grand Rounds, New York- Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY. This lecture was also presented in 5/08 to the Westchester County Psychological Association, White Plains, NY.

2/04 *The Reparative Transference in Child Therapy*. Paper presented at Symposium 2004: Transference, New York City, NY.

6/02 *Floor Time: An Introduction to Stanley Greenspan's Treatment Program for Children with Autistic Spectrum Disorders*. Child Grand Rounds, New York-Presbyterian Hospital, Westchester Division, White Plains, NY.

4/02 *A Classical Patient in the Modern Era*. Paper presented at Spring Meeting, Division 39, American Psychological Association, New York City, NY.

4/01 *Observations on Affect Tolerance and Inner Sustainment*. Paper presented at Spring Meeting, Division 39, American Psychological Association, Santa Fe, NM.

10/00 *The Child Therapist's Generative Use of Self*. Paper presented at Annual Conference, Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY.

4/99 *Affect Development in Child Therapy*. Paper presented at Spring Meeting, Division 39, American Psychological Association, New York City, NY.

4/97 *Creativity and Psychoanalytic Technique*. Paper presented at the Annual Conference of the Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY.

5/96 *The Sources of Passion.*

Discussion of paper presented by Neil Skolnick, Ph.D.
Scientific Meeting of the Westchester Center for the Study of Psychoanalysis and
Psychotherapy, White Plains, NY.

3/96 *Psychoanalytic Training and The Work of the Psychotherapist.*

Paper presented at the Westchester Center for the Study of Psychoanalysis and
Psychotherapy, White Plains, NY.

11/92 *Learning Disabilities in Children and Adolescents - Case Studies II.*

Workshop presented at Northeast Conference on Learning Disabilities and
Mental Health, Newport, RI.

11/90 *Learning Disabilities in Children and Adolescents - Case Studies.*

Workshop presented at Northeast Conference on Learning Disabilities and
Mental Health, Hartford, CT.

4/87 *The Patient-Therapist Relationship.*

Workshop presented at the Annual Conference of the Westchester Center for
the Study of Psychoanalysis and Psychotherapy

Additional Professional Experience

2/01 Member, Delegation of Child Psychologists led by Lewis Lipsett, Ph.D.,
invited to meet with child development professionals in Cuba.

Parent Education Workshops

6/4/13 *Solving Common Family Problems.* Bedford Village Elementary School,
Bedford, NY.

4/18/13 *Solving Common Family Problems.* Van Wagner Company, New York, NY.

4/6/13 Keynote Address: *Pride and Joy.* Afternoon Workshop: *Pride and Joy in the
Classroom.* Parenting Matters 2013, Providence, RI.

3/10/13 *Understanding Children's Emotions*. Mother's Mass and Brunch, St. Joseph's School, Bronxville, NY.

2/13/13 *Understanding Children's Emotions*. Early Childhood Development Center New York, NY.

2/7/13 *Solving Common Family Problems*. Bet Torah Nursery School, Mt. Kisco, NY.

1/09 *On Being a Father in Difficult Economic Times*. Pelham Father's Forum, Pelham, NY.

3/06 *The Problem of Bullying*. Mamaroneck Public Schools, Mamaroneck, NY.

10/04 *Helping Adolescents Cope with Stress*. Mamaroneck Public Schools, Mamaroneck, NY.

10/97 *Advances in Child Psychology: The Development of Self-Esteem and Emotional Intelligence in Young Children*. Workshop presented at the Mid-Westchester YM-YWHA, Scarsdale, NY.

10/96 *Advances in Child Psychology: Optimism and Emotional Intelligence in the School-Age Child*.

Workshop presented at the Solomon Schechter School of Westchester, White Plains, NY.

12/91 *The Role of the Father in Child Development*. Workshop presented at Temple Israel Nursery School, White Plains, NY.

10/91 *The Development of Self-Esteem in Young Children*.

Workshop presented at Temple Israel Nursery School, White Plains, NY.

3/91 *The Stress of Parenting in the 90's*.

Workshop presented at YWCA, White Plains, NY.

10/90 *Effective Discipline for Young Children*.

Workshop presented at Temple Israel Nursery School, White Plains, NY.

Interviews

2/27/13 *Pride and Joy: A Guide to Understanding Your Child's Emotions and Solving Family Problems*

Interview by Michael Dresser, The Michael Dresser Show

12/7/12 *Pride and Joy: A Guide to Understanding Your Child's Emotions and Solving Family Problems*

Interview by Steven Walfish, The Practice Institute

7/2/2012 *How to Build a Culture of Empathy in the Family.*

Interview by Edwin Rutsch, Center for Building a Culture of Empathy

2/29/2012 *Pride and Joy: A Guide to Understanding Your Child's Emotions and Solving Family Problems*

Interview by Judith Regan, The Judith Regan Show

Affiliations

Member, American Psychological Association

Member, Westchester County Psychological Association