

**KENNETH BARISH, Ph.D.**  
280 No. Central Avenue  
Hartsdale, New York 10530  
914-275-1230  
[kbarish280@gmail.com](mailto:kbarish280@gmail.com)

## **CURRICULUM VITAE**

New York State License #006545

### **Education**

*Certificate in Psychoanalysis and Psychotherapy, Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY, 1988*

*Ph.D. in Clinical Psychology, Graduate Faculty, New School for Social Research, 1980*

*B.A. Yale University, 1972*

### **Present Positions**

*Clinical Professor of Psychology in Psychiatry, Weill Cornell Medicine*

*Faculty, Westchester Center for the Study of Psychoanalysis and Psychotherapy*

*Faculty, William Alanson White Institute, Child and Adolescent Psychotherapy Training Program*

*Visiting Professor, Wuhan Mental Health Center,  
Tongji Medical College, Huazhong University of Science and Technology*

*Adjunct Supervisor, Ferkauf Graduate School of Psychology, Yeshiva University*

*Associate Editor, Journal of Infant, Child, and Adolescent Psychotherapy*

*Member-at-large, Board of Directors, Section II, Division 39, American Psychological Association*

*Private Practice, 280 North Central Park Avenue, Hartsdale, NY*

## Publications

Barish, K., The Single Most Important Factor Determining the Success of Child and Adolescent Therapy. *Journal of Infant, Child, and Adolescent Psychotherapy*, in press.

Barish, K. (2026). *The Art and Science of Parenting and Grandparenting*. Routledge.

Barish, K. Better Political Conversations are Possible, If We Know How. *Yale Daily News*, January 22, 2025.

Barish, K. How to Survive Political Disagreements This Thanksgiving. *LA Times*, November 27, 2024.

Barish, K. (2024) *Bridging Our Political Divide: How Liberals and Conservatives Can Understand Each Other and Find Common Ground*. Routledge.

Barish, K. (2023). Why We Disagree and How We Can Come (Closer) Together. *Creating Common Ground Magazine*, May 7, 2023.

Barish, K. (2023). On the Role of Empathy in Child Development and Psychotherapy: What is Empathy and How Does it Help? *Medical Research Archives, European Society of Medicine*. <https://doi.org/10.18103/mra.v11i4.3710>

Barish, K. (2023). The Importance of Affective Neuroscience for Child Psychotherapy, *Journal of Infant, Child, and Adolescent Psychotherapy*, 22:2, 117 - 123. DOI: 10.1080/15289168.2023.2178820

Barish, K. (2022). Review: Two Casebooks on Child and Adolescent Therapy. *Journal of Infant, Child, and Adolescent Psychotherapy*, 21:4, 361-366.

Barish, K. (2022). Reflections on Child Development and Child Therapy: A Personal Journey Toward an Integrative Model of Therapeutic Change. *The American Psychoanalyst*, Winter/Spring 2022. Vol. 56, No. 1.

Barish, K. (2021). Adverse Reactions in the Treatment of Oppositional Teens: Commentary and Proposals. *The ADHD Report*, May 2021, 7 -11.

- Barish, K. (2021). Review of Against Empathy: The Case for Rational Compassion, by Paul Bloom. *The Humanistic Psychologist*, 49(4), 630–645. <https://doi.org/10.1037/hum0000181>
- Barish, K. (2020). The Importance (and Limitations) of Affective Neuroscience for Psychotherapy with Adolescents: A Discussion of Leon Hoffman's Article. *Journal of Infant, Child, and Adolescent Psychotherapy*, 19:3, 230-238. DOI:10.1080/15289168.2020.1790084
- Barish, K. (2020). The Role of Play in Contemporary Child Psychotherapy: A Developmental Perspective. *Journal of Infant, Child, and Adolescent Psychotherapy*, 19:2, 148-158. DOI: 10.1080/15289168.2020.1756031
- Barish, K. (2020). Book Review: Exploring the Landscape of the Mind: An Introduction to Psychodynamic Therapy, by Janet Lee Bachant. *Trauma Psychology News*, May, 2020, 20 - 21.
- Barish, K. (2019). The Art of Child Therapy: A Review of Child and Adolescent Psychotherapy: Stories from a Curious Space, by Henry Kronengold. *Psychoanalytic Psychology*, Vol. 27, No. 3, 278 - 279.
- Barish, K. (2018). Cycles of Understanding and Hope: Toward an Integrative Model of Therapeutic Change in Child Psychotherapy. *Journal of Infant, Child, and Adolescent Psychotherapy*, Vol. 17, No. 4, 232 - 242.
- Barish, K. (2018). *How to Be a Better Child Therapist: An Integrative Model for Therapeutic Change*. New York: W.W. Norton.
- Barish, K. (2018). Bad Feelings: A Theory of Pathological Development in Childhood. *Journal of Infant, Child, and Adolescent Psychotherapy*, Vol. 17, No. 2, 96 - 99.
- Barish, K. (2018). Pride. In M. H. Bornstein (Ed.) *SAGE Encyclopedia of Lifespan Human Development*. Thousand Oaks, CA: SAGE Publications.
- Lingiardi, V. and McWilliams, N. (Eds.) (2017). *Psychodynamic Diagnostic Manual, Second Edition*. New York: The Guilford Press. (Consultant, Part III: Childhood).
- Barish, K. (2016). We Are Always Essential. In S. Tuber (Ed.). *Parenting: Contemporary Clinical Perspectives*. Lanham, MD: Rowman and Littlefield.
- Barish, K. (2012). *Pride and Joy: A Guide to Understanding Your Child's Emotions and Solving Family Problems*. New York: Oxford University Press.

*Emotion: An Integrative Framework for Child Psychotherapy*. Guest Commentary, Brown University Child and Adolescent Behavior Letter (December, 2009).

Barish, K. (2009). *Emotions in Child Psychotherapy: An Integrative Framework*. New York: Oxford University Press.

Barish, K. (2006). *On the Role of Reparative Processes in Childhood: Pathological Development and Therapeutic Change*. Journal of Infant, Child and Adolescent Therapy, 5(1): 92-110.

Barish, K. (2004). *What is Therapeutic in Child Therapy? I. Therapeutic Engagement*. Psychoanalytic Psychology, Vol. 21, No. 3, 385-401.

Barish, K. (2004). *The Child Therapist's Generative Use of Self*. Journal of Infant, Child and Adolescent Psychotherapy, 3(2): 270-282.

### **Honors and Awards**

Fellow, American Psychological Association

*Marquis Who's Who America, 2023*

Member,

Sigma Xi, Scientific Research Honor Society

June 2009. Teacher of the Year. Presented by the Postdoctoral Fellows of New York-Presbyterian Hospital, Payne-Whitney Westchester

*Bridging Our Political Divide: How Liberals and Conservatives Can Understand Each Other and Find Common Ground*

2025 International Book Award (Current Events)

*Pride and Joy*

2013 International Book Award (Parenting and Family)

2013 Eric Hoffer Book Award (Home Category)

Mom's Choice Awards (Gold)

National Parenting Publications Awards (Silver)

Finalist, 2013 *ForeWord* Reviews Book of the Year Award (Family and Relationships)

**Professional Workshop Presentations and Papers**

May 7, 2026. *Bridging Our Political Divide: How Liberals and Conservatives Can Understand Each Other and Find Common Ground*. New School for Social Research, NY, NY.

April 28, 2026. *Bridging Our Political Divide: How Liberals and Conservatives Can Understand Each Other and Find Common Ground*. Scarsdale Public Library, Scarsdale, NY.

March 26, 2026. *Is Dialogue Possible? How to Talk Constructively About Politics, in Therapy and Our Personal Lives*. William Alanson White Institute, NY, NY.

January 14, 2026. *Helping Oppositional Children: An Integrative, Emotion-Regulation Approach*. Katonah Study Group, Katonah, NY.

January 10, 2026. *Bridging Our Political Divide: How Liberals and Conservatives Can Understand Each Other and Find Common Ground*. Westchester Center for the Study of Psychoanalysis and Psychotherapy.

October 4, 2025. *The Single Most Important Factor Determining the Success of Child and Adolescent Therapy*. Westchester Center for the Study of Psychoanalysis and Psychotherapy.

September 30, 2025. *Bridging Our Political Divide: How Liberals and Conservatives Can Understand Each Other and Find Common Ground*. City College of New York.

March 22, 2025. *What Now? Exploring Political Polarization and How to Bridge the Divide*. Westchester Center for the Study of Psychoanalysis and Psychotherapy.

February 10, 2025. *Bridging Our Political Divide: How Liberals and Conservatives Can Understand Each Other and Find Common Ground*. United Nations NGO Committee on Mental Health.

November 8, 2024. *Empathy and Interpretation: Reflections on Therapeutic Change in Psychoanalytic Therapy*. Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China.

February 25, 2024. *Therapeutic Change in Child and Adolescent Psychotherapy: Cycles of Understanding and Hope*. Institute for Psychoanalytic Training and Research (IPTAR), NY, NY.

November 15, 2023. *The Importance of Affective Neuroscience for Child Psychotherapy*. Neurotalk 2023, Sapporo, Japan

June 22, 2023. *Working with Difficult Family Problems*. Westchester Child and Adolescent Psychological Services, Purchase, NY.

June 3, 2023. *A Global Crisis in Child and Adolescent Mental Health: What Can We Do?* Wuhan Mental Health Center, Wuhan, China. (Virtual)

June 2, 2023. *Play: The Neglected Key to Children's Social Development*. Art of Play and Wonderment Conference, Corlears School, NY, NY.

May 13, 2023. *Why We Disagree and How We Can Come (Closer) Together*. Society for the Exploration of Psychotherapy Integration, Vancouver, CA.

May 12, 2023. *How Do Children Learn to Regulate Their Emotions? An Integrative Model*. Society for the Exploration of Psychotherapy Integration, Vancouver, CA.

May 4, 2023. *Working with Oppositional Children and Teens*. Westchester Child and Adolescent Psychological Services, Purchase, NY.

March 3, 2023. Discussion of *Petite Maman* by Celine Sciamma. Psychoanalytic Film Night, Westchester Center for the Study of Psychoanalysis and Psychotherapy.

March 2, 2023. *Working with Parents in Child and Adolescent Therapy*. Westchester Child and Adolescent Psychological Services, Purchase, NY.

February 7, 2023. *Why We Disagree and How We Can Come (Closer) Together*. William Alanson White Institute, NY, NY.

October 21-22, 2022. *The Importance of Affective Neuroscience for Child Psychotherapy*. Neuropsychanalytic Association Conference: Reclaiming Middle Childhood, NY, NY. (Virtual)

June 22, 2022. *The Evolution of Psychodynamic Child Therapy: From Freud to the Present*. Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China. (Virtual)

May 10, 2022. *Helping Oppositional Children: An Integrative, Emotion-Regulation Approach. 16 Rules to Foster Cooperative Behavior*. William Alanson White Institute, NY, NY. (Virtual)

April 23, 2022. *Toward a Common Core of Psychotherapy: Cycles of Understanding and Hope*. Society for the Exploration of Psychotherapy Integration, Lausanne, Switzerland.

April 21, 2022. *Discussion: Toward a Common Core of Psychotherapy: Perspectives from Child and Adolescent Therapy*. Society for the Exploration of Psychotherapy Integration, Lausanne, Switzerland.

February 28 – March 6, 2022. *Cycles of Understanding and Hope*. Online Study Group, Westchester Center for the Study of Psychoanalysis and Psychotherapy.

December 4, 2021. *How to Be a Better Child Therapist: An Integrative Model for Therapeutic Change*. Workshop presented at Appalachia Psychoanalytic Society, Knoxville, Tennessee.

October 16, 2021. Discussion Hour: *Helping Oppositional Children: An Integrative, Emotion-Regulation Approach*. Westchester Center for the Study of Psychoanalysis and Psychotherapy. (Virtual)

September 22, 2021. *Helping Oppositional Children: An Integrative, Emotion-Regulation Approach. 16 Rules to Foster Cooperative Behavior*. Westchester Center for the Study of Psychoanalysis and Psychotherapy. (Virtual)

June 12, 2021. *Emotions and Human Flourishing from the Perspective of Child Therapy*. Society for the Exploration of Psychotherapy Integration, Lausanne, Switzerland. (Virtual)

June 11, 2021. *Emotion: An Integrative Model for Child and Adolescent Psychotherapy*. Society for the Exploration of Psychotherapy Integration, Lausanne, Switzerland. (Virtual)

April 16 – July 2, 2021. *Understanding Children's Emotions: An Integrative Model for Child Psychotherapy*. 12-week Seminar, China Play Therapy Institute. (Virtual)

March 14, 2021. *How to Be a Better Child Therapist: An Integrative Model for Therapeutic Change*. Annual Spring Meeting, Division 39, American Psychological Association, New York, NY. (Virtual)

February 26, 2021. *Healthy and Pathological Development in Childhood*. Jiangsu Province Sino-German Model Psychoanalysis Continuous Training, Nanjing, China. (Virtual)

February 25, 2021. *The Development of the Mind*. Jiangsu Province Sino-German Model Psychoanalysis Continuous Training, Nanjing, China. (Virtual)

October 29, 2020. *Beginnings and Endings: Reflections on the Process of Change in Psychoanalytic Psychotherapy with Adolescents and Young Adults*. Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China. (Virtual)

October 26, 2020. *The Goals and Process of Supervision*. Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China. (Virtual)

October 24, 2020. *A Psychoanalytic Perspective on Emotional Health in Childhood and Adolescence*. Annual Psychoanalytic Conference of Jiangsu Province and Adolescent Mental Health Forum, Changzhou, China. (Virtual)

June 3, 2020. *Helping Parents and Children During COVID-19 and Beyond*. Panel Presentation, Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY. (Virtual)

January 31, 2020. *How to Be a Better Child Therapist: An Integrative Model for Therapeutic Change*. Workshop presented at the Graduate School of Applied and Professional Psychology, Rutgers University, Piscataway, NJ.

August 11, 2019. *The Case for Empathy*. American Psychological Association Convention, Chicago, Ill.

June 6, 2019. *How to Be a Better Child Therapist: Ten Principles of Therapeutic Change*. Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal

May 29, 2019. Discussion of *More Than Child's Play: A Multimodal Approach to Working with Children and Families*, by Dr. Lauren Antler.  
Child and Adolescent Psychiatry Grand Rounds, New York Presbyterian Hospital

May 12, 2019. *The Role of Empathy in Successful Psychodynamic Psychotherapy: What Is Empathy and How Does It Help?*  
The 6<sup>th</sup> Chinese Psychoanalytic Congress  
Shanghai, China

May 9, 2019. *The Role of Empathy in Successful Psychodynamic Psychotherapy: What Is Empathy and How Does It Help?*  
Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China

May 4, 2019. *A Framework for Effective Psychotherapy Supervision, Part 2*.  
Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China

Oct. 26, 2018. *Healthy and Pathological Development in Childhood*.  
Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China

Oct. 23, 2018. *How to Motivate Children for Success in School*.  
Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China

Oct. 22, 2018. *A Framework for Effective Psychotherapy Supervision*.  
Chinese - American Continual Training Program for Senior Psychodynamic Psychotherapists, Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, China

October 4, 2018. *How to Be a Better Child Therapist: An Integrative Model for Therapeutic Change*. William Alanson White Institute, NY, NY

September 30, 2018. *How to Be a Better Child Therapist: An Integrative Model for Therapeutic Change*. Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY

May 21, 2018. *How to Solve Common Family Problems*. Greenwich House, NYC, NY

April 25, 2018. *Understanding Children's Emotions*. Conference on Play and Wonderment in Childhood, Brooklyn College, Brooklyn, NY

November 19, 2017. *Bad Feelings: A Theory of Pathological Development in Childhood*.

Thinking Developmentally: A Contemporary Psychoanalytic Perspective  
Conference sponsored by NYU Postdoctoral Program in Psychotherapy and Psychoanalysis and the Contemporary Freudian Society  
NY, NY

Ma 11, 2017. *How to Strengthen Students' Motivation and Commitment to Learning*  
Cardinal Hayes High School  
Bronx, NY

May 4, 2017. *How To Nurture Cooperative and Caring Behavior in Young Children*  
Young Child Expo  
NY, NY

April 26, 2017. *Why Behaviorists Are Right (And Why I Am Not a Behaviorist)*  
Frieda Fromm-Reichmann Graduate Society  
William Alanson White Institute  
NY, NY

March 13, 2017. *Helping Children Solve Common Problems*  
ADAPP, Bronx, NY

June 18, 2016. *What Is Empathy and How Does It Help?*  
Society for the Exploration of Psychotherapy Integration  
Dublin, Ireland

June 17, 2016. *What Is Therapeutic in Child Therapy?*  
Society for the Exploration of Psychotherapy Integration  
Dublin, Ireland

June 10, 2016. *Parenting Through the Lifespan*  
Westchester Center for the Study of Psychoanalysis and Psychotherapy

May 31, 2016. *Psychoanalytic Theory: A Roundtable Discussion*  
Westchester Center for the Study of Psychoanalysis and Psychotherapy

April 15, 2016. *Solving Common Family Problems*  
Young Child Expo, NYC

December 1, 2015.  
*Understanding Children's Emotions and Solving Family Problems*  
National Head Start Association  
Parent and Family Engagement Conference, San Diego, CA

November 22, 2015. *Understanding Children's Emotions and Solving Family Problems: A Guide for Therapists*  
Nefesh International, Brooklyn, NY

June 21, 2015. *The Art of Child Psychotherapy.*  
Paper presented at Society for the Exploration of Psychotherapy Integration  
Baltimore, MD

June 19, 2015. *Helping Parents Help Their Children.*  
Society for the Exploration of Psychotherapy Integration  
Baltimore, MD

March 20, 2015. *Trauma and Resilience: A Parenting Perspective.*  
Archdiocese of New York Drug Abuse Prevention Program, NY, NY

March 7, 2015. *Helping Parents Help Their Children.*  
Workshop presented at Annual Retreat  
Westchester Center for the Study of Psychoanalysis and Psychotherapy, Fairfield,  
CT

October 17, 2014. *Understanding Children's Emotions and Solving Family Problems.*  
Workshop presented at Mid-Fairfield Child Guidance Center, Norwalk, CT

October 16, 2014. *Solving Common Family Problems.* Colloquium presented at  
William Alanson White Institute, NY, NY

April 11, 2014. *Bad Feelings: An Integrative Framework for Understanding Pathological Development in Childhood and Adolescence.* Paper presented at Society for the Exploration of Psychotherapy Integration, Montreal, Canada

January 26, 2014. *Psychoanalysis and Child Therapy: A Conversation.* Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY

November 16, 2013. *Helping Parents Help Their Children*. Workshop presented at National Association of Social Workers - Westchester Mentorship Program, White Plains, NY

October 30, 2013. *Helping Parents Help Their Children*. Workshop presented at Annual Conference, Interdisciplinary Council on Developmental and Learning, Montclair, NJ

October 2, 2013 . Webinar: *Solving Common Family Problems: 5 Essential Steps*. Interdisciplinary Council on Developmental and Learning

July 10, 2013. Webinar: *Understanding Children's Emotions and Solving Family Problems*. Interdisciplinary Council on Developmental and Learning

June 7, 2013 . *Understanding Children's Emotions and Solving Family Problems: A Framework for Therapists, Part II*. Workshop presented at South Coast Educational Collaborative, Providence, RI

April 26, 2013. *Understanding Children's Emotions and Solving Family Problems: A Framework for Therapists*. Workshop presented at South Coast Educational Collaborative, Providence, RI

April 6, 2013. Keynote Address: *Pride and Joy*. Afternoon Workshop: *Pride and Joy in the Classroom*. Parenting Matters 2013 , Providence, RI

May, 2012 – January, 2013. *Helping Parents Help Their Children: A Guide for Therapists*. This workshop was presented to Family Services of Westchester; Rockland County Chapter of New York State Society of Clinical Social Work; Westchester County Chapter of NYSSCW; and National Association of Social Workers, NY State Chapter, Westchester Division

November 19, 2102. *Understanding Children's Emotions: A Child Therapist's View*. Paper presented at Annual Conference of the Westchester Center for the Study of Psychoanalysis and Psychotherapy, Tarrytown, NY

October, 2012. *Understanding Children's Emotions: A Guide for School Psychologists*. Colorado Society of School Psychologists, Beaver Creek, Colorado

October, 2012. *Solving Common Family Problems: A Guide for School Psychologists*. Colorado Society of School Psychologists, Beaver Creek, Colorado

May, 2012. *Working With Resistance in Child Therapy*. Paper presented at Society for the Exploration of Psychotherapy Integration, Chicago, Ill

May, 2011. *Helping Parents Help Their Children*. Paper presented at Society for the Exploration of Psychotherapy Integration, Washington, DC

May, 2011. *Emotion: An Integrative Framework for Child Psychotherapy*. Workshop presented at Society for the Exploration of Psychotherapy Integration, Washington, DC

Spring, 2011. *Helping Parents Help Their Children*. Seminar presented to Faculty, Staff, and Post-doctoral Fellows at New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY

April, 2011. *Humor and Rage in the Psychotherapy of a Young Adult*. Paper presented at the Annual Conference of the Westchester Center for the Study of Psychoanalysis and Psychotherapy

May, 2010. *Emotion: An Integrative Framework for Child Psychotherapy*. Workshop presented at Society for the Exploration of Psychotherapy Integration, Florence, Italy

Spring, 2010. *Working with Difficult Families*. Seminar presented to Faculty, Staff, and Post-doctoral Fellows at New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY

Fall, 2009, 2010, 2011. *Emotion: An Integrative Framework for Child Psychotherapy*. Seminar presented at Andrus Children's Center, White Plains, NY

April, 2009, April, 2010, April, 2011. Discussant, Film Series, Westchester Center for the Study of Psychoanalysis and Psychotherapy, Rye, NY

February, 2010. *Emotion: An Integrative Framework for Child Psychotherapy*. Online seminar presented by PsyBC

December, 2009. Invited Discussant, Clinical Case Conference, Department of Psychology, Graduate Faculty, New School for Social Research

May, 2009, September, 2009, October, 2009, November, 2009. *Emotion: An Integrative Framework for Child Psychotherapy*. Colloquium presented at the William Alanson White Institute; the Columbia University, Department of Psychology; and the City University of New York, Department of Psychology

Spring, 2009, Winter, 2007, Fall, 2005. *Principles of Effective Psychotherapy with Children.*

Lecture series presented to the Faculty, Staff, and Trainees of New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY

November, 2008. Invited Discussant, Grand Rounds, New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY

January, 1998 – October, 2008. *Therapeutic Engagement with Children and Adolescents.*

This workshop was initially presented at the Westchester Center for the Study of Psychoanalysis and Psychotherapy, White Plains, NY, and subsequently presented to meetings of the William Alanson White Institute; the Rockland County Psychological Association; the Rockland County Association of Clinical Social Workers; the New Rochelle Child Guidance Center; and the Stamford Child Guidance Center

March, 2008. Panel Discussion: *The Essential Collaboration Between Psychologists in Schools and Private Practice.* Westchester County Psychological Association, White Plains, NY

January, 2007. *On the Role of Empathy – and its Limitations – in Child Psychotherapy.* Psychology Ground Rounds, New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY

September, 2004. *Reparative Processes in Clinical Work with Children and Families.* Child Grand Rounds, New York-Presbyterian Hospital, Payne-Whitney Westchester, White Plains, NY. This lecture was also presented in May, 2008 to the Westchester County Psychological Association, White Plains, NY

February, 2004. *The Reparative Transference in Child Therapy.* Paper presented at Symposium 2004: Transference, New York City, NY

June, 2002. *Floor Time: An Introduction to Stanley Greenspan's Treatment Program for Children with Autistic Spectrum Disorders.* Child Grand Rounds, New York-Presbyterian Hospital, Westchester Division, White Plains, NY

April, 2002. *A Classical Patient in the Modern Era.* Paper presented at Spring Meeting, Division 39, American Psychological Association, New York City, NY

April, 2001 *Observations on Affect Tolerance and Inner Sustainment.* Paper presented at Spring Meeting, Division 39, American Psychological Association, Santa Fe, NM

October, 2000. *The Child Therapist's Generative Use of Self*.  
Paper presented at Annual Conference, Westchester Center for the Study of  
Psychoanalysis and Psychotherapy, White Plains, NY

April, 1999. *Affect Development in Child Therapy*.  
Paper presented at Spring Meeting, Division 39,  
American Psychological Association, New York City, NY

April, 1997. *Creativity and Psychoanalytic Technique*.  
Paper presented at the Annual  
Conference of the Westchester Center for the Study of Psychoanalysis and  
Psychotherapy, White Plains, NY

May, 1996. *The Sources of Passion*.  
Discussion of paper presented by Neil Skolnick, Ph.D.  
Scientific Meeting of the Westchester Center for the Study of Psychoanalysis and  
Psychotherapy, White Plains, NY

March, 1996. *Psychoanalytic Training and The Work of the Psychotherapist*.  
Paper presented at the Westchester Center for the Study of Psychoanalysis and  
Psychotherapy, White Plains, NY

November, 1992. *Learning Disabilities in Children and Adolescents - Case Studies II*.  
Workshop presented at Northeast Conference on Learning Disabilities and  
Mental Health, Newport, RI

November, 1990. *Learning Disabilities in Children and Adolescents - Case Studies*.  
Workshop presented at Northeast Conference on Learning Disabilities and  
Mental Health, Hartford, CT

April, 1987. *The Patient-Therapist Relationship*.  
Workshop presented at the Annual Conference of the Westchester Center for  
the Study of Psychoanalysis and Psychotherapy

### **Additional Professional Experience**

February, 2001. Member, Delegation of Child Psychologists led by Lewis Lipsett,  
Ph.D., invited to meet with child development professionals in Cuba.

### **Parent Education**

June 2, 2022. *The Art and Science of Parenting and Grandparenting*. Yale University,  
New Haven, CT.

May 12, 2022. *Fostering a Growth Mindset: Strategies for Parents and Teachers*. Saint  
Anne's School, Brooklyn, NY

March 15, 2022. *How Can We Foster Emotional Resilience in Our Children?*  
PS 9 Elementary School, NY, NY

January 14, 2021. *How to Nurture Children's Intellectual and Social Development*.  
Yale Club of New York City

Fall, 2020, Spring, 2021, Fall, 2021, Winter, 2022. *The Science and Art of Parenting  
(and Grandparenting)*. Yale Alumni College

April 16, 2020. *Parenting During the Pandemic: Helping Young Children Cope with  
the Coronavirus Crisis*.  
PS 9 Elementary School, NY, NY

April 13, 2020. *Parenting During the Pandemic: Helping Children Cope with the  
Coronavirus Crisis*.  
PS 9 Elementary School, NY, NY

April 17, 2019. *15 Rules to Promote Good Behavior in Children*.  
Special Music School, NY, NY

April 9, 2019. *15 Rules to Promote Good Behavior in Children*.  
PS 9 Elementary School, NY, NY

September 19, 2017. *Managing Stress and Nurturing Joy*. Healthy Families  
Training Institute, Albany, NY

September 19, 2017. *How To Solve Common Family Problems*. Healthy Families  
Training Institute, Albany, NY

May 16, 2017. *Curious Parenting for Your Curious Child: How to Nurture Intellectual  
and Social Development in Young Children*  
Curious-on-Hudson  
Dobbs Ferry, NY

November 8, 2016. *How to Solve Common Family Problems*  
Mt. Kisco Elementary School  
Mt. Kisco, NY

November 10, 2015. *Solving Common Family Problems: 5 Essential Steps*  
Mt. Kisco Elementary School, Mt. Kisco, NY

August 19, 2015. *Developing Resilience in Children and Adolescents*  
Boys and Girls Clubs of New Rochelle, New Rochelle, NY

March 12, 2015. *How to Have Better Conversations With Your Children.*  
World Class Learning Academy  
New York, NY

February 26, 2015. *Solving Common Family Problems.*  
British School of Chicago  
Chicago, Ill

November 13, 2014. *Solving Common Family Problems.*  
World Class Learning Academy  
NY, NY

Oct. 1, 2014. *Solving Common Family Problems.* White Plains Public Library,  
White Plains, NY

May, 2014. *Solving Common Family Problems: 5 Essential Steps.* Parent Center,  
William Alanson White Institute, New York, NY

April, 2014. *Solving Common Family Problems.* Rodeph Sholom School, New York,  
NY

June 4, 2013 . *Solving Common Family Problems.* Bedford Village Elementary  
School, Bedford, NY

April 18, 2013. *Solving Common Family Problems.* Van Wagner Company, New  
York, NY

March 10, 2013. *Solving Common Family Problems.* St. Joseph's School,  
Bronxville, NY

February 13, 2013. *Understanding Children's Emotions and Solving Common Family  
Problems.* Early Childhood Development Center, New York, NY

February 7, 2013. *Understanding Children's Emotions and Solving Common Family  
Problems.* Bet Torah Nursery School , Mt. Kisco, NY

January, 2009. *On Being a Father in Difficult Economic Times*. Pelham Father's Forum, Pelham, NY

March, 2006. *The Problem of Bullying*. Mamaroneck Public Schools, Mamaroneck, NY

October, 2004. *Helping Adolescents Cope with Stress*. Mamaroneck Public Schools, Mamaroneck, NY

October, 1997. *Advances in Child Psychology: The Development of Self-Esteem and Emotional Intelligence in Young Children*.

Workshop presented at the Mid-Westchester YM-YWHA, Scarsdale, NY

October, 1996. *Advances in Child Psychology: Optimism and Emotional Intelligence in the School-Age Child*.

Workshop presented at the Solomon Schechter School of Westchester, White Plains, NY

December, 1991. *The Role of the Father in Child Development*. Workshop presented at Temple Israel Nursery School, White Plains, NY

October, 1991. *The Development of Self-Esteem in Young Children*.

Workshop presented at Temple Israel Nursery School, White Plains, NY

March, 1991. *The Stress of Parenting in the 90's*.

Workshop presented at YWCA, White Plains, NY

October, 1990. *Effective Discipline for Young Children*.

Workshop presented at Temple Israel Nursery School, White Plains, NY

### **Interviews**

May 27, 2026. The Kathryn Zox Show

March 28, 2025. The Unlatched Mind.

December 10, 2024. Texas Public Radio.

December 3, 2024. Oliver Bateman Does the Work

November 26, 2024. New York Times, Well/Family

November 26, 2024. Grist.org

November 19, 2024. NPR/Short Wave, All Things Considered

January 29, 2022. Helping Children Cope with the Trauma of COVID.  
Susan Hendricks, HLN

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## **Affiliations**

*Fellow, American Psychological Association*

*Member, Westchester County Psychological Association*